Amendments to the specification:

Insert after the title on page 1:

[0000] This application is a Continuation- In- Part of application Ser. No. 10/234,016 filed August 29, 2002.

Rewrite paragraph [0005] as follows:

[0005] The present invention aims to provide an improved truck assembly particularly suited for us use with longboard type skateboards but which is also suited to use with other forms of skateboard or other rideable vehicle. In particular aspect the present invention aims to provide a truck assembly in which the steering characteristics of the truck assembly can be selectively varied in a simple and effective manner. The present invention in a further aspect aims to provide a skateboard incorporating truck assemblies according to the present invention. In yet a further aspect, the present invention aims to provide and improved method and means for mounting a truck assembly to a deck of a skateboard or other rideable vehicle. Other objects and advantages of the invention will become apparent from the following description.